

# Free Food When Needed

**C**ommunity Fridges HamOnt is a Hamilton community effort that provides free food to anyone, from refrigerators that are located outside in insulated wooden shelters. The contents of these fridges are available 24/7. No registration or application is needed to access the fridges. Food is donated by individuals and businesses. Volunteers check on the fridges several times a day.

There are three locations for these community fridges in Hamilton:

- Gilkson, West Mountain, 44 Greendale Dr.
- Beasley, downtown 249 John St. N.
- Crown Point East 204 Ottawa St. N., at Ottawa Market.

The fridge at Ottawa Market is shown in these photographs.

While Community Fridges HamOnt welcomes donations of food and sealed toiletries, it does not accept direct monetary donations. Gift cards, however, can be given, electronically or in physical form. For details, email [communityfridgeshamont@gmail.com](mailto:communityfridgeshamont@gmail.com). No phone number or mailing address is provided.

**No One Goes Hungry** is another community program giving out some free food. No One Goes Hungry Halton provides hot meals on certain days in Acton, Georgetown, Milton and Oakville.

“Our goal is to make sure that no one goes hungry in Halton, cooking rescued food. One town at a time,” they state. To donate money, funds



can be transferred by email to [NOGHhaltonON@gmail.com](mailto:NOGHhaltonON@gmail.com).

There are also programs called No One Goes Hungry – Niagara and area, and No One Goes Hungry – Welland, although at the time of writing, they did not seem to be very active.



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